

The Carswell Field
FLYER

JULY/AUGUST 2011 | Vol 4 | Issue 4

Texas Air National Guard | Fort Worth, Texas



Ambassadors of music

531st Band of the Gulf Coast



Band Tour 2011 California bound
TAG initiatives for energy conservation
Ready... Aim... Fire!

Stories in this issue...read on.

Commander's Comments

Welcome to August UTA



Col. David M. McMinn
136 AW Commander

Welcome to August drill. This weekend puts us one month closer to our big showdown with the IG. Right now, our friends from the 154th Airlift Wing, North Carolina Air National Guard, are acting as the Exercise Evaluation Team (EET). They are using their experience and insight to help us better prepare for our upcoming Operational Readiness Inspection (ORI) – a once every five year demonstration of our ability to fight and win an air war under the most challenging circumstances imaginable. Indeed we have time and again proven our ability to execute combat and combat support operations in a non-chemical environment. And none have performed better. This is a different demonstration altogether. Here, we deploy as a wing, not just as individual squadrons or parts of squadrons. Here, we bring together all that we have learned over the years to act as one, to succeed as one.

We are also challenged with being the lead unit for the first time in over a decade. We have our partners in this ORI, the 164th Airlift Wing (a C-5 unit), counting on us to provide the guidance, expertise, and leadership necessary to ensure that both units pass this very challenging test of our preparedness and professionalism. Whether you are de-

ploying, or supporting those that do, please give this all of your attention. We must do well on this inspection if we don't want to see the IG again for five years! As the time draws nears to our huge test, it will be expected that stress and tension levels will rise. I urge you to prepare yourselves mentally and physically for the rigors ahead. The best stress relief is knowledge and preparation. Get into the AFM 10-100, become intimately familiar with your METLs, be the expert in ATSO. Also, let your families and employers know now what your commitment is. Show them that consideration. Only with everyone's professional commitment can we succeed at this task.

What we are about to do isn't easy. That's why we are tasked to demonstrate it. I appreciate and applaud your participation and preparation. Together we will ace this test and I look forward to serving with you in the weeks and months ahead as we learn more about ourselves, our capabilities, and our perseverance.



Maj. Jeffrey Mathews, commander, Air National Guard Band of the Gulf Coast conducts musicians from both the 562nd ANG Band of the Southwest and the 531st ANG Band of the Gulf Coast at Disney California Adventures, Ca., July 12, 2011. (photo by Tech. Sgt. Charles Hatton)

The Carswell Field
FLYER
TEAM

Maj. James Castleman
WESO/Community Manager

Capt. James Wallace
Public Affairs Officer

Senior Master Sgt. Elizabeth Gilbert
Photographer/Senior Editor

Tech. Sgt. Charles Hatton
Photographer/Layout & Design

Tech. Sgt. Craig Lifton
Photographer/Staff Writer

Senior Airman Andrew Dumboski
Photographer/Staff Writer

Airman Jada Kent
Staff Writer

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ANG TEXAS
AIR NATIONAL GUARD
GUARDING AMERICA DEFENDING FREEDOM

Cover photo by
Tech. Sgt. Charles Hatton
136 Airlift Wing Public Affairs

Ready... **AIM**... fire!

Attitude, integrity and motivation

Commentary by Lt. Col. Kurt Mallory
136th Maintenance Group

We have a strong history of excellent leadership. They each have their own style and vision for moving their team forward. However, I would submit to you that each leader has some aspect of the following three points that made them effective in your eyes and assisted them in keeping their eyes on target.

These three points are Attitude, Integrity, and Motivation (AIM)

Attitude, some people say, is the most important ingredient in providing effective leadership. Attitude is what makes a good team member great. You can have all of the integrity in the world, you can be the most skilled player on the team, but if no one wants to work with you;

in reality you make yourself ineffective. Attitude will make the most demeaning task bearable. A positive attitude will help you see the beauty of the forest in spite of some dying trees. Maintaining a high-positive attitude is a must!

Integrity is the underpinning of our line of work. We sometimes forget that we are being entrusted to serve and defend our great country. This is an awesome responsibility. Let us not mishandle this trust by not striving to be women and men of integrity. Let us not take short cuts to our goals. Do what is right! Speak up about issues and policies that just seem wrong. No unit survives with

just “yes” men and “yes” women. We need and desire diversity in thoughts and ideas but we must always remember we have to follow lawful orders and carry out the mission.

Motivation is just as important as well. Know your job.



Deploying Airmen from the 136th Airlift Wing waiting inside a C-130 with temperatures over 100+ degrees with full ‘battle rattle’ during the July exercise - ‘embracing the suck’. (photo by Tech. Sgt. Charles Hatton)

Be as hungry to learn and increase your knowledge as you did when you were looking for a job. Don’t become R.O.A.D (Retired On “Air-Guard” Duty). Be motivated! Motivation spurs innovation and thoughts that are otherwise stifled. Be eager to grow; stretch and learn new skills. I would hope that all who read this will continue or adopt this mandate. If we are as motivated as we can be, we will definitely serve our customers better in the long run, as well as ourselves.

Attitude, Integrity, Motivation.

Reflecting on the acronym AIM can be a quick professional review that all can adopt as we move towards any challenge. We are currently going through an inspection.

AIM continued on page 4



Aerial Porters and loadmasters work in sync to load a cargo pallet onto a C-130 during the July exercise at NAS Fort Worth, July 24, 2011. (photo by Tech. Sgt. Charles Hatton)

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Members of the 136th Airlift Wing boarding C-130 for a deployment exercise preparing them for the Operational Readiness Exercise at NAS Fort Worth JRB. (photos by Tech. Sgt. Charles Hatton)

AIM continued from page 3

tion cycle. Our Operational Readiness Inspection is just a few months away. I will lean into this target and take AIM. Regardless if this is your first inspection or your tenth; guard and protect your attitude.

In the words of one of our current leaders, “embrace the suck.”

Integrity requires us to stand up and speak up on issues that matter. Don't trend toward the easy road. Finally, motivation is the engine that moves us. Let us do our part to ensure the wheels keep rolling. I am on board – please join me. Let us take AIM!



Awaiting for the next load. Airman takes a breather prior to the next cargo load in 100+ degree temperatures.



136 AW personnel changing mode of transportation from a bus to a C-130 to get to their destination.



181 AS crew member waiting to launch the C-130 during the deployment phase of the July exercise.

Military pay held hostage - Again

The U.S. is about to hit the \$14.3 trillion debt ceiling and it appears Congress and the President are no closer to a deal to raise the spending limit. The impact of hitting the debt ceiling is not fully known, but the Department of Treasury says that “If Congress fails to increase the debt limit, the government would have to stop, limit, or delay payments on a broad range of legal obligations, including Social Security and Medicare benefits, military salaries, interest on the national debt, tax refunds, and many other commitments.”

Court lifts stay on DADT

The 9th Circuit Court of Appeals recently lifted the stay on “Don't Ask, Don't Tell,” which prevented the government ending the enforcement of the law that prevents openly gay servicemembers from being in the military.

The stay was put in place after 9th Circuit Judge Virginia Phillips ruled the “Don't Ask, Don't Tell” (DADT) law was unconstitutional. The Department of Defense (DoD) will comply and is informing commands worldwide of the court's order. The DoD and Justice Department lawyers are studying the ruling. Meanwhile, implementation of the DADT repeal voted by the Congress and signed into law by the president last December is proceeding smoothly.

TAG's **enviromental** policy

Help sustain our environment

Story and photos by Senior Master Sgt. Elizabeth Gilbert
136 Airlift Wing Public Affairs

FORT WORTH, Texas -- The Adjutant General of Texas, Maj. Gen. John Nichols met with leaders of environmental agencies throughout the country including members of the Texas Military Forces here at the American Airlines Training Center, June 29, 2011 to discuss and implement the TAG's environmental policy.

"We are asking you all to come help us sustain our environment," said General Nichols, "our recycling program generates a revenue of \$17,000.00 a year and saves our environment. It started with little ideas that turned into sustainable ideas and we would like to share our ideas with you and we want to hear your ideas as well."

The guest speakers at the Power of Partnerships Sustainability Conference included Mr. Richard Kidd IV, Deputy Assistant Secretary of the Army (Energy & Sustainability), Army Lt. Col. Joe Knott, National Guard Bureau, Sustain-



Maj. Gen. John Nichols, Texas Adjutant General addresses the crowd of environmental managers during the Power of Partnerships Sustainability Conference at the American Airlines Training Center, Fort Worth, Texas, June 29, 2011. General Nichols discussed the Texas Military Forces conservation efforts and sustainability of our environment.

ability & Energy Officer and Maj. Gen. David Harris, Director, J3/7, NGB who spoke to a crowd of environmental managers.

The TAG's environmental policy includes prevention of pollution and complying with environmental laws, regulations and other requirements. His policy also has provisions to continually im-

prove the sustainability and stewardship of our environment and natural resources.

"We have to do more with less and leave the place better than we found it," continued General Nichols, "act like it's your house and you're paying the bills and that will guide you forward."

Every member of the Texas Military Forces is responsible for knowing the potential environmental impacts of their job and the proper management of their activities; reducing energy and water use by doing their part to conserve.

"We will give you direction. We will give you guidance so that we can be better stewards of our environment" concluded General Nichols.



Mr. Richard Kidd IV, Deputy Assistant Secretary of the Army speaks to a crowd of environmental managers during the Power of Partnership Sustainability Conference at the American Airlines Training Center, Fort Worth, Texas, June 29, 2011. Kid's key point included energy and sustainability contributing to the Army's mission success and their future.



Members of the 2011 - 531st Air National Guard Band of the Gulf Coast

Ambassadors of **music**

Photo essay by Tech Sgt. Charles Hatton
136th Airlift Wing Public Affairs

With more than 20 musicians from the 531st Air National Guard Band of the Gulf Coast participating in a joint musical ensemble with the 562nd ANG Band of the Southwest from California created magical moments of music at Disneyland and throughout southern California, July 12-18, 2011. Both bands joined together to form the 2011 Band Tour. Consequently this was Maj. Jeffery Mathews last gig with the 531 BGC as their commander and conductor. This is their photo story.





A magical moment at Disneyland as both bands from Texas and California joined together to perform musical peices for all to enjoy during their venue in Southern California. (U.S. Air Force photos by Tech. Sgt. Charles Hatton)





courtesy photo AP

Our **best** defense

By Capt. Steven Taylor
136 AW Anti Terrorism Officer

During the past year our nation has experienced several close calls with regard to terrorism. Though ten years have passed since that terrible day in September 2001, our enemies have demonstrated the commitment and patience to seek out plan and carry out attacks against the U.S. Homeland.

Last year the al Qaida terror group began publishing Inspire Magazine; an on line publication meant to be a one stop shop for the home grown jihadist. Al Qaida also began advocating acts of individual jihad against the west by "Lone Wolf" terrorists. Both of these events have created new challenges for law enforcement and the military in the fight against terrorism.

The homegrown jihadist no longer has to seek out a terror cell to obtain training in the making of explosives; he no longer has to meet up with like minded individuals at the mosque to be radicalized or to plan attacks. It is impossible to know what is going on in the mind of a single individual and the less people involved in a terror plot the harder it is to detect and disrupt. Inspire magazine provides indoctrination and training in everything from how to utilize secure communications, how to commit cyber crime to fund an attack, how to use the AK-47 assault rifle and the making of improvised explosive devises (IEDS)

from common household items. This magazine provides the tools and information to give the Lone Wolf terrorist the best opportunity for success.

This raises the question, what is our best defense in the war against terrorism?

There are at least two major incidents that have occurred this year that might shed some light on the answer.

First in February 2011 Khalid Ali M Aldawasari, a Saudi Arabian national was arrested in Lubbock Texas on terrorism charges. Aldawasari had traveled to the U.S. to study chemical engineering and with the intent to commit acts of terrorism against the United States. Aldawasari was patient and studied hard to obtain a scholarship so he could obtain a student visa and travel to America to carry out jihad. He had the knowledge, he had a plan and he was moving forward. His undoing was an alert employee at a chemical supply store that recognized some suspicious orders and alerted the local Joint Terrorism Task Force (JTTF) who investigated and discovered his plans to commit terrorism.

In a second incident in July of this year Nasser Jason Abdo, an AWOL soldier from Fort Campbell Kentucky planned to carry out attacks utilizing IEDs and hand guns in Killen Texas. The two IEDs he constructed for the occasion were built from plans published

in the fall 2011 issue of you guessed it, Inspire Magazine. His plans unraveled because an alert gun store employee became suspicious because Abdo drove to the gun store in a taxi, bought six pounds of smokeless gun powder and then asked how it was used. Abdo paid cash for his purchase and left in a hurry without collecting his change. That employee then called the Killeen police Department who investigated and discovered his evil plans.

So, what is our best defense? Our best defense is to remember that we as individual citizens are the first line of defense against terror. If we see or hear something suspicious we need to be willing to get involved and let law enforcement know. We need to be willing to be involved because the lives we save may be our own or those of our family members.

Remember our Eagle Eyes program. If you see something report it!

Capt Steven Taylor
136 AW Trafficking in Persons
Coordinator
ATO

COMM: 817-852-3478
BB: 817-658-6132
DoD PD LE Desk: 817-782-5200

Deployment **Control** Center

Puts boots on the ground

Story by Senior Airman Andrew Dumboski
136th Airlift Wing Public Affairs

In deployments, every person and every piece of equipment plays an important role to make the mission a success, and having the right personnel and equipment downrange at the right time is crucial.

It's the Deployment Control Center's job is to make sure everything that's supposed to be at a deployed location gets there safely and efficiently.

"We coordinate, control and execute deployment operations as directed by the Wing commander," said 2nd Lt. James Burgess the Installation Deployment Officer and Officer-in-charge of the DCC during the July UTA Positioning-the-Force Scenario. "The units are putting faces in the spaces and we're coordinating the movement of those faces to the places, as required by the combatant commander."

The DCC is involved in every step of the deployment process. The people working in the DCC aren't the ones a deployer meets in the processing line (Personnel Deployment Function) or even the ones checking the cargo (Cargo Deployment Function), but they are behind the scenes ensuring that deployer



2nd Lt. James Burgess and Maj. Marsha Krotky, 136th Logistics Readiness Squadron, discuss the cargo deployment load in detail during the July exercise at NAS Fort Worth, July 24, 2011. (U.S. Air Force photos by Tech. Sgt. Charles Hatton)

and deploying cargo are ready to go and in position.

"We're checking the personnel deployment records and making sure everyone on the plane is supposed to be there and that we're not missing anyone," said Tech. Sgt. Tiffany Jackson, 136th Airlift Wing Recruiter and DCC passenger manager.

If a combatant commander has a personnel requirement that needs to be met, the DCC PDF ensures the right person has been picked to meet that requirement and knows they're leaving. If a requirement is not met, they shortfall it and help work to find a replacement, she said.

After the passenger and cargo requirements have been identified and met, the DCC Log Planners work with the units to prioritize who and what leaves when.

"The information we're dealing with will determine the schedule of events, and it trickles down into systems used later in the process," said Tech Sgt. Michelle Schiefer, 136th AW Plans and log

planner during the scenario.

There is only so much space available on an aircraft, space that is used by both passengers and cargo. The log planners work determines the most efficient way to use that space to get all the pieces of that puzzle downrange in a way that best supports the mission, she said.

"Similar to how a passenger has an assigned seat on a commercial flight, we're assigning a 'chalk' to everything that is



Everyone is doing their part to ensure things go smoothly during the July exercise.



136 AW personnel working on cargo deployment issues during the July exercise.

DCC continued on page 10

State Partnership Program Chileans visit Wing

Story by Maj. James Castleman
136 AW WESO/Community Manager

Students of the Chilean National Academy of Political and Strategic Studies, and members from the 136th Airlift Wing met June 30, 2011 for an introduction to the Air National Guard.

Chile and Texas are partnered under the State Partnership Program of the State Department. Under this program, exchanges occur between the two entities that include: professional military education, command and control exercises, consequence management, military and civilian medical exchanges, search and rescue scenarios, emergency preparedness, counterdrug operations, humanitarian construction, border control and senior leader development.

The visit was an overwhelming success as the 136 AW Vice-Wing Commander, Col. John Conoley lectured students about the many roles of the 136 AW.

"The relationships formed through this program have contributed to greater understanding, better interoperability and abiding mutual respect between the United States and countries around the world," said Governor Rick Perry.



Col. John Conoley, commander, hosts the Chilean delegates during their visit to the wing discussing the possibilities of a State partnership with Chile.

DCC continued from page 9

deploying. Based off what we do, the load planners can plan how to arrange the aircraft and balance the load for the trip," Sergeant Schiefer said.

There are many steps that must all be completed before the deploying aircraft can take off, and the DCC tracks each one to keep everything on schedule. By logging when every step is completed, the DCC can get an idea of whether or not the chalk will leave on schedule.

"We track each step, but really the only time that matters is the one on the bottom of the board. If the aircraft depart on time with the combatant commanders requirements aboard, then we have successfully executed our mission", said Lieutenant Burgess.



Members of the 136th Airlift Wing, Chilean National War College and State Department pose for a group photo during their visit to the wing June 30, 2011 to discuss the State partnership program. Texas is involved with several State partnerships with various countries. (U.S. Air Force Photo by Laura Dermarderosiansmith)



Col. John Conoley, vice-commander, 136th Airlift Wing receives a gift from Chilean delegate during their visit to the wing discussing the State partnership program between the 136 AW and Chile.

New Priest in town



Who: Chaplain, Lt. Col. Laura Adelia, newly ordained Episcopal Priest July 2, 2011 in the Arizona Episcopal Diocese (recently changed denominations from the UCC, the United Church of Christ, was ordained with the UCC for many years).

When: This photo taken July 3rd, Sunday, St Andrews Episcopal Church, Sedona, Arizona (photo taken after celebrating my first two masses / services)

What: Many chaplains do change denominations. Chaplain Kacela used to be Methodist, and is now Unitarian. Chaplain Chisolm was Baptist and is now Disciples of Christ, the list goes on.) The Episcopal Church has many similarities to the Catholic and Orthodox Churches, (is sacramental and liturgical) and is one of the denominations that ordains female priests. Priests may also marry and have families if they so choose.

Why: All USAF chaplains are ordained in their respective denominations, as well, hold at least a Master of Divinity degree and are endorsed for ministry with the military. As for the 136 AW Chaplain Team we have quite a team; Chaplain Tucker holds a doctorate (D.Min.) and is Baptist. Chaplain Kacela holds a PhD, and he is Unitarian, Chaplain Stone holds a Master of Divinity and is ordained with the Evangelical Church Alliance denomination.

ESGR “boss lift”

The August 5th ESGR flight was cancelled due to insufficient numbers of attendees. We have tentatively rescheduled the flight for October, 28. We need your participation to make the event successful. The more employers/civic leaders we have on board, the better the event will be. If you have a nominee, please fill out the attached worksheet (page 24) with as much detail as possible - including yours, then have your commander sign it and send it back to me. If you nominated an employer/civic leader for the previous event, I will carry their names forward to this event unless you notify me otherwise.

If you have any questions, please feel free to call me using the below information.

Maj Tom Castleman

136 AW/Wing Executive Support Officer

874-3203, Com (817) 852-3203

852-3203 Cell (817) 564-1107 james.castleman@ang.af.mil

Defense Travel System (DTS) Is here

What is DTS?

DTS is an inclusive web-based system that allows users to create and obligate their travel authorization and process their travel settlement.

On Nov. 1, 2011 this system will be mandatory use for all members in a travel status. During the next several months the 136th Comptroller Flight will be conducting training on use of the system. If you are not registered in DTS, please visit the following link to self register:

[W:\136 WING HQ STAFF\FM\DTS Training\ DTS USER\DTS SELF-REGISTRATION.](#)

Contact Finance at 817-852-3250 for questions

Around the **Wing**



Promotion **Colonel Peter Harris**

When: June 12, 2011
2554th Combat Communications Sq.
Vice Commander



Retirement **Master Sgt. Debbie Holly**

When: July 24, 2011
136th Force Support Squadron
Personellist



Promotion **Chief Master Sgt. Christine Oehlert**

When: July 24, 2011
136th Medical Group
Superintendent

If you have an announcement please submit to
136AW.PA@ang.af.mil

THE HAPPENING

Another busy two months for the Wing with American Idol visiting NAS Fort Worth, A Back Pack Journalist success, physical fitness in the morning to TAG's new coin along with Chief Master Sgt. Jerry Jones last reenlistment to take him to 30+ years. (Photos by Senior Master Sgt. Elizabeth Gilbert and Tech Sgt. Charles Hatton)



The Work Place

Airmen from the Wing are everywhere. Their work place...where ever they showed up to do what they do best, representing the Texas Air National Guard with pride. (Photos by Senior Master Sgt. Elizabeth Gilbert and Tech Sgt. Charles Hatton.)



136th Airlift
Ft. Worth, TX Wing



Airmen from the Wing do an all hands FOD walk after a big event at NAS Fort Worth JRB picking up debris.

Preventative steps **save** millions

Photos and story Airman Jada Kent
136 Airlift Wing Public Affairs

NAS FORT WORTH JRB, TX - It was just past 8 a.m. and the temperature was already approaching 90 degrees. Despite the unrelenting heat, “hellos” and “good mornings” were exchanged as Airmen from the 136th Airlift Wing lined up along the compass rows fence July 6, 2011 for the foreign object damage (FOD) walk here.

A FOD walk is designed to ensure the aircraft don't ingest anything into the engines, explained Senior Master Sgt. Joe B. Ritter, quality assurance technician, 136th Maintenance Group. “Mainly we're looking for metal objects like nuts, bolts, and safety wire but we also want to pick up any rocks or gravel we find.”

FOD walks are usually initiated after big events or holidays. Debris left over from the Independence Day fireworks display here didn't stand a chance against the investigating service-members. Some items recovered included metal wire, rivets, and a rubber glove.

“We also do a base-wide FOD walk twice a year,” said Ritter. “The Navy will police the runway and the Air Force is responsible for the ramp.”

Airmen participating in the FOD walk fanned out like a ‘search and rescue’ team along the 1,600 yard flight line hunting for anything they can find. Though, it doesn't feel like work, according to some.

“The (FOD) walk gives us a chance to see people we don't see on a daily basis,” said Senior Master Sgt. James A. Meadows, aircraft metals technology, 136th Maintenance Squad-

ron.

“It's about having a good time,” jokingly agreed Ritter.

On a serious note, damage to aircrafts can be quite costly and even dangerous.

Besides its deadly potential, FOD costs about \$4 billion annually in aircraft repairs, according to the National Aerospace FOD Prevention Inc.

Although being outside during one of the hottest months in Texas may seem like cruel and unusual punishment, it's easy to see the benefits of something as simple as a FOD walk. Trash bags filled with tiny fragments and other remains proves that with just a few steps you can save billions.



“Dealing with workplace tough stuff”

by Senior Master Sgt. Nancy Herren
136 AW Human Resources Advisor

As a leader nothing is more frustrating than dealing with workplace “people problems.” You can turn your back and hope they will go away, but they rarely do.

So, here are some important reminders for us all:

Not only are the poor performers not doing their jobs, they’re probably preventing the top performers from doing their jobs well.

When you do confront workplace problems, be sure to control your emotions. Certainly that’s easier said than done – especially when you’re caught off guard. So, expect the unexpected. Assume – going into the discussion - that something may happen to trigger your emotions, and have a plan for exactly what you’ll do to avoid “losing it.”

The best way to begin a problem-solving process is by preparing behavioral statements that identify both DESIRED and ACTUAL performance. Behavioral statements are descriptions of things people say and do. These statements lay out the facts and establish a clear and specific performance gap.

“Actions Speak Louder Than Words.”

For all of us, especially leaders, actions speak louder than words. Successful people act as if their decisions will appear on the news or in the newspaper. Therefore,

choose to:

- Practice respect and integrity in all dealings.
- Tame the ego and forget the perfectionism.
- Stay in control of your emotions.
- Remain logical, reasonable, and consistent.
- Honor confidences.
- Help people avoid embarrassment.
- Avoid threatening or being threatened.
- Stop the blame game.
- Apologize.

“The circumstances of our lives have as much power as we choose to give them.”

~David McNally

Significant Quotes to Enhance Your Personal and Professional Growth.

Put forth the effort to be an effective listener and you’ll:

- Minimize misunderstandings, assumptions, and mistakes;
- Reduce the time you’ll need to spend solving problems;
- Increase trust, cooperation, loyalty, and commitment.

~ Eric Harvey

Eric Harvey is the co-author of Leading To Ethics.

Leading To Ethics 10 Leadership Strategies For Building A High-Integrity Organization by Eric Harvey, Andy Smith, and Paul Sims <http://www.walkthetalk.com/leading-to-ethics10-leadership-strategies-for-building-a-high-integrity-organization.html>

“The primary purpose of values is to guide our actions and decisions, ‘Words to live by’ are just words... unless you actually live by them.”

~ Eric Harvey



Gen. Craig McKinley
Chief NGB

“Diversity isn’t a program You do for a specific period Of time and declare victory. It’s an everyday thing. Take advantage of the opportunity to meet and learn from each other while you are here. (NGB Diversity Conference. Boston, MA).”

“Go back and redouble your efforts, keep the focus on diversity and help make the work place better and more effective.”

“This whole subject of diversity takes on a whole new meaning,” McKinley said. “How we train, organize and equip our forces requires new thinking, bold looks so that we can be competitive in today’s marketplace.”



Lt. Gen. Harry Wyatt III
Director ANG

“The concept covers all the aspects that make people... people. We must move beyond physical characteristics that maintain a prevalent place in the diversity dis-course.”

“It is within these less obvious realms of distinction that the infinite power of diversity can be harnessed.”

“Our Airmen are indeed our most vital asset. As leaders, we owe them our very best efforts, and it cannot be with closed minds that we undertake this endeavor. We must train, equip and educate in the functions and expertise that are required to secure our nation at home and defend freedom around the world.” (NGB Diversity Conference. Boston, MA).

Heroism, from the battlefield to the bar

by Chris Sanders
Sex Signals Presenter

We call a soldier who dodges enemy fire to rescue a fallen comrade a hero, a title any soldier I served with would be proud to earn Chris Sanders Headshot

<http://app.cooleremail.com/c.pl?e93df10f9c93abf640c089944545eb25>

There is no question that we need heroes on the battlefield, with brave American soldiers putting their lives at risk there every single day. We also need heroes in the bar, where sexually aggressive situations materialize disguised as “hook-up culture”, and potential victims often find themselves in need of rescue missions. Obviously, avoiding bullets can be significantly more dangerous than ducking bad pick up lines and spilled Zima, but taking the hero mentality from the battlefield to the bar is one of the key goals of Sex Signals in our efforts to help the United States Army combat sexual assault.

As a former soldier, I can still recite without pause the Army’s value system, symbolized by the acronym LDRSHIP: Loyalty, Duty, Respect, Selfless Services, Honor, Integrity and Personal Courage. The soldier on the battlefield is viewed as a hero because of that soldier’s display of the different qualities described by this value system. During my service in Afghanistan, I personally witnessed amazing individual acts of heroism that served each of these core values, despite the incredible personal danger to that soldier’s life.

While having chunks of lead whiz by your head can be quite intimidating, in some ways, stepping into a sexually aggressive situation in public can be just as scary. Fears of confrontation, damage to reputation, or just feeling awkward can penetrate almost any body armor. There is a certain rhyming term (you know it) in both military and civilian life for men who commit the cardinal sin of stopping another dude from getting action. In short, the military landscape surrounding dating and mating is a complicated place.

However, soldiers that rise above these fears to help a potential victim in a dangerous situation at the bar or club are inspiring, and we need to honor their efforts as heroism, just as we honor those soldiers who risk danger in combat. It takes a hero

to look at what some see as “boys being boys” and recognize it as predatory and dangerous. It takes a hero to help an incapacitated female find her way home safely, when some may have more hostile intentions. It takes a hero to risk personal insult or injury and be the first person in a crowded room to do what is right, regardless of the consequences. And when heroes lead, good people follow.

When we perform Sex Signals for soldiers, we bring as much positive attention as we can to acts of bar room heroism. Encouraging good behavior is a critical tool for reinforcement, and when a soldier in our audience stands up and tells us of a successful intervention, that soldier is always congratulated by the other soldiers in the room.

There is no feeling like the pride of being thanked for your service, and we are lucky to see that pride on soldiers’ faces every day when we call attention to their excellent bystander behavior.

Even though not all of us will face the gunfire of enemy combatants, we can still help our military create a safer world by praising heroism on behalf of another human being, wherever we see it occur. Your local saloon may never award bronze stars or throw parades, but a simple pat on the

back could be all the encouragement needed for a soldier to decide that they should be a hero the next time something creepy happens on their watch.

Chris Sanders is a Sex Signals presenter, an actor and comedian, and a veteran of the United States Army.

It takes a hero to look at what some see as “boys being boys” and recognize it as predatory and dangerous.





AFCENT Band leads **celebration**

Story by SSGT Ransom Miller
U.S. Army Public Affairs

SOUTHWEST ASIA-- The Air Force Central Command Band "Blue Hawk" brought Latin sizzle, patriotic flourishes, and a birthday cake to U.S. Army units deployed in Southwest Asia.

June 14 was the 236th birthday of the U.S. Army, and in back-to-back performances Blue Hawk honored the soldiers in attendance, as well as all current and former soldiers worldwide, by performing special renditions of "The Army Goes Rolling Along," the official song of the U.S. Army, and "Happy Birthday." Blue Hawk also presented a birthday cake to base leadership, calling upon the Command Sergeant Major to blow out the candles.

The performances also included Blue Hawk's signature Latin and Disco music, which had the audience clapping, singing along, and dancing. At one point, nearly a quarter of the

audience rushed to the front of the stage to dance the "Cupid Shuffle" under the direction of Blue Hawk vocalist TSgt Lane McCray. Sgt McCray also led the audience in singing and doing the motions to the Village People's "YMCA."

The airmen of Blue Hawk were rewarded for their performances with a coin and certificates from senior leaders. Battalion Commander LtCol Peter Parente (Rhode Island) told the group, "You bring smiles and energy to so many here – you really have no idea of the positive impact you make on the troops...Thank you!"

**Update: The Blue Hawk came back home this past July and is reconstituting from their deployment. Next time you see them thank them for their dedication and enthusiasm representing the men and women of the Texas Air National Guard.*

Go Air Guard!

Sweating to lose weight

Commentary by Senior Master Sgt. Edward Walden
136 Force Support Squadron/Sustainment Services Flight

Driving around the base I have noticed a man who likes to walk at noon with some very old fashion headphones on along with full sweatpants, and a hooded sweatshirt with the hood up. Some days I even see him wearing gloves. Truly there is no problem with the outfit that he is wearing when walking for a workout. The main problem I have is that it is 103 degrees outside and the man is walking around with his hood up and his gloves on. Why? I can only guess as to why and I have a sneaky suspicion that this man, along with many others, believe they will lose a lot of weight if they just sweat a lot.

Retaining water is not a good thing,

even though most of our body is made up of water. Retaining water makes us feel bloated, our jewelry doesn't fit right and our pants just seem to be a little bit

However, the sweating of water is not what allows us to lose weight.

tighter. We do need to sweat when we exercise and a good sweat lets us know we are working hard (or that it is really hot outside). However, the sweating of water is not what allows us to lose

weight. Burning of those calories we ingest is what allows us to lose weight. Yes, we do lose weight when we sweat... we actually lose a lot of weight; however, we put it right back on when we drink water, eat fruits, or go for that skinny latte at one of our favorite coffee houses. After a hard workout, along with a good sweat, you may lose a pound or two in a day; however, the weight does not stay off. If you want to lose weight and keep it off you have to focus on losing weight slowly....one or two pounds a week.



The 136th Airlift Wing is on Facebook!!

Visit the link below to sign up

<http://www.facebook.com/group.php?gid=100700386058>



Deployed Airmen from Southwest Asia dance to the beat of the music as Blue Hawk, AFCENT Band rocks the house. Members of Blue Hawk are from the 531st Band of the Gulf Coast, Texas Air National Guard. The band is on tour for a 90-day rotation bringing spirits and smiles, raising troop morale.

Communications Flight **troop** named Outstanding **Airman** of the Year for Wing

By Tech. Sgt. Lyza M. Beaudreault
136 AW Communicatins Flight

One of 136th Communications Flight's own has earned the title of 136th Airlift Wing 2010 Outstanding Airman of the Year.

The selection of Technical Sergeant Harold T. Hunter, according to Lt. Col. Keil Hubert, 136th CF commander, is because he "exemplifies the quintessence of the modern cyber operator: he's highly intelligent, he has a voracious appetite for learning, he has a shrewd sense of the ridiculous, and he displays a genuine interest in helping other people."

But to the Little Rock, Ark. native, "It's not that I have any additional or special skills, but it is my drive of not quitting."

In 2000, Hunter's need for direction led him to initially join the active duty Air Force as an aircraft maintainer and in 2008, "messing with a [mobile] phone" gave him the desire to switch careers to communications plans and programs.

"I wanted to learn a new skill," said Hunter. "I had to switch gears, it was night and day and similar to speaking different languages."

As if transitioning to a new career field was not challenging enough, the 29-year-old is also the president of the

Enlisted Advisory Council and a Texas Airman Leadership Seminar instructor.

These opportunities "[give me] the chance to meet new people and to see the guard from the top-down versus down-up," explains Hunter about the EAC.

"Harold is a rare sort of fellow: a gentleman of exceptional insight and professionalism who is humble enough to downplay his strengths when he's around other people," Hubert states.

It is this modesty that Hunter strives for in seeking balance in his career and personal life. "It is the ability to look through other people's eyes," Hunter said.

This other perspective allowed him to encounter his most memorable event as a noncommissioned officer to date, when an ALS attendee was having difficulty adjusting to school.

"Instead of receiving the traditional handshake, I got a heartfelt hug," described Hunter of the graduation ceremony. "It was a good feeling to know, I



was the one that got him through."

It is this humility and leadership ability that Hubert has no doubt Hunter "has an amazing career ahead of him."

Hunter continued on to compete for the title at the Texas Air National Guard level.



Wing Safety Snip-Its

Back to school safety

By Tech. Sgt. Kyle Austin
136 AW Wing Safety Office

Summer vacations are coming to an end and students will start preparing for a new school year. It is important to make sure your children are up-to-date on their immunizations, are eating healthy and are safe traveling back and forth to school.

According to the Federal Citizen Information Center, the top five reasons children miss school is because of colds, stomach flu, ear infection, pink eye and sore throat. The single most important thing a child can do to prevent illness is wash his or her hands thoroughly and frequently. School age-children gradually become less prone to common illnesses and recover more quickly. However, routine exams and screening will help to identify potential problems before they become serious health issues.

School busses will be busy picking young children up, there could be increased pedestrian traffic, and school speed zones will be back in effect. The Federal Citizen Information Center points

out that kids should never play in the street while waiting for the bus and should move immediately on the sidewalk and out of traffic. If you drive your child to school, make sure everyone wears a seatbelt at all times and children under 13 should ride in the rear seat of vehicles. Remember that many mishaps occur while novice teen drivers are going to and from school. You may want to limit the number of teen passengers to prevent driver distraction.

BOTTOM LINE:

The safety of our school children depends upon drivers slowing at designated school zones when children are present and stopping when a school bus is loading. It is a fact that most school bus fatalities occur when the bus is stopped and the child is NOT on the bus! In today's automobiles, external flashing lights have a hard time competing with the cocoon we create with cell phones, GPSs, text messages, and stereos.

Strong Bonds... Labor Day

A Word from your Wing Chaplain

Chaplain, Maj. Xolani Kacela
136th Airlift Wing Chaplain

Does your family need a break in the action, time to reconnect with one another? Are you feeling like you want a weekend getaway to somewhere loaded with family fun? Well, look no further. Have we got a deal for you!

The Strong Bonds Family Wellness retreat is coming to the 136AW in September during the Labor Day weekend at a premier hotel. And check this out: it is totally free! Now is the time to sign up you and your family for a great time.

You may ask, what exactly is Strong Bonds? And why should I use my Labor Day weekend to attend? This is a program that the military sponsors for members to strengthen their families and personal relationships. Families will at-

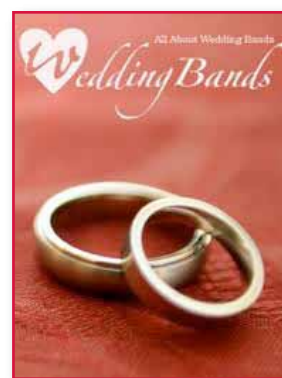
tend the weekend workshop which will improve communication and relational skills. Chaplains Robert Stone and Nathan Tucker will facilitate the workshops.

Right now, we need you to sign up and reserve your space. Although this event will not happen until September, we would like you to go ahead and get it on your calendar. We hope this gives you and your family time to discuss the details and plan to attend.

Children ages 0 - 6 will be in a safe environment with activities and games just for them. Youth ages 7 - 12 will be given the opportunity to participate in programs that work hand-in-hand with what their parents learn in their workshop. All other youth are encouraged to attend the general sessions with their

parents.

To sign up or ask questions, please call Mrs. Heidi Bearden, Airmen & Family Readiness Program Manager, at 817.852.3558 or heidi.bearden@ang.af.mil. You may also contact the chaplain staff at 817.852.3221. All families are welcome.



Chaplain's Corner

Chaplain, Capt. Nathan Tucker
136th Airlift Wing Chaplain

In the book of 2 Timothy in the Bible, a well-known scripture says, "Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth" (v. 15). This verse is intentional encouragement for us to be firmly grounded in all aspects of our spiritual lives. The writer is saying be thoughtful and purposeful; don't leave things up to chance! We want to help everyone along this path of spiritual growth.

Every Thursday from 18 August to 6 October 2011, Chaplain, Capt. Na-

than Tucker will be leading a bible study called "Noon Together: A Biblical Study

"Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth"

of the Book of James." It will be held weekly from 11:45 am to 12:15 pm in the wing conference room (Bldg 1672, 2nd Floor). Please bring your brown bag

lunch. Everyone is welcome.

For more information on this spiritual opportunity, please contact Chaplain Tucker at nathan.tucker@visitacf.com or by phone at 817.614.0412.

The Strong Bonds Family Wellness event for Labor Day weekend is full! We are delighted that the response was so exuberant. Please stay tuned for details concerning the exact location.

For more information on this event, please contact Mrs. Heidi Bearden at heidi.bearden@ang.af.mil or by phone at 817.852.3558.

3C3X1 - COMMAND POST
J1W0X2 - (5) COMBAT WEATHER
1A1X1 - (2) FLIGHT ENGINEER
2A6X2 - AEROSPACE GROUND EQUIP
3E4X1 - (2) WATER/FUEL SYSTEMS
3D0X3 - CYBER SYSTEMS SURETY
3E2X1 - (2) PAVE/CONSTRUCTION EQUIPMENT
1P0X1 - AIRCREW FLIGHT EQUIPMENT
2T3X1 - VEHICLE EQUIPMENT MAINTENANCE
2T2X1 - (2) AIR TRANSPORTATION
2A5X1 - (2) AEROSPACE MAINTENANCE
2A6X1 - (2) AEROSPACE PROPULSION
1C7X1 - AIRFIELD MANAGEMENT
3N1X1 - (6) REGIONAL BAND
3M0X1 - (2) SERVICES
3P0X1 - (7) SECURITY FORCES

Officer Billets please visit www.agd.state.tx.us or Texas Military Forces for officer vacancies.

EMPLOYER SUPPORT OF THE GUARD AND RESERVES APPRECIATION DAY AND CIVIC LEADERS TOUR

The 136th Airlift Wing has scheduled an Employer Support of the Guard and Reserves (ESGR) and Civic Leader Tour for the Texas Air National Guard areas of the NAS Fort Worth. The purpose is to promote a better understanding of the Air National Guard and the Air Force mission to your employers and/or civic leaders. Please use this form to nominate your employer (bona fide current employers only – no spouses, neighbors, friends, etc...) or a civic leader whose background indicates that their participation will enhance the public understanding of national security issues and the Department of Defense and National Guard (Governors, local elected officials, supervisors, owners, high level managers, CEOs, educators, legislators and religious leaders). Deadline for submission is 9 Sep 2011. We will be limited to 30 seats for ESGR and 30 seats for Civic Leaders. Please coordinate your nominations through your commander. There will be a brief reception starting at 8:00 AM on Friday, October 28. Once all nominations have been received, a complete itinerary will be sent out.

Three methods for nominating an employer: 1) Preferred – Fill out this worksheet as a word document, attach it to an e-mail (use ESGR as the subject) and route it through your Commander. Once routed, Commanders then forward to the Public Affairs inbox. (136aw.pa@ang.af.mil). If it comes directly from your Commander with their approval, your employers name will be submitted and ready to go. 2) Fill out a hard copy of the worksheet, sign it as sponsor in the appropriate block, then scan the worksheet and route through your SQ/GP commander for approval and then to 136aw.pa@ang.af.mil, or 3) Print out a hard copy of this worksheet and get appropriate signatures. When signed, bring to the 136th AW Executive Officer.

Nominee Information	
Please indicate if this is:	<input type="checkbox"/> Employer <input type="checkbox"/> Civic Leader
Last Name, First Name, MI	
Company/Institution Name	
Position/Title	
Justification as "Civic Leader" (Required if Position/Title does not obviously qualify per examples given above)	
E-mail Address	
Mailing Address (Optional if e-mail address and/or phone information is available)	
Phone contact information	
Sponsor Information	
Last Name, First Name, MI	
Full-Time Phone # (daytime)	
Signature and Date	
Commander Coordination	
Last Name, First Name, MI, Rank	
Signature and Date	